

Learn something new



A Step-by-Step guide on how to Knit Socks

Explanation:

Follow image 1-40 for a step-by-step guide with explanatory captions. In the image description we knit size EU 37-39. If you want to knit another size, change the number of stitches or measurements that are within (). The heel is formed by short rows and decreases. This is a basic sock pattern with a rib, and flat stitched heel and foot. This is a perfect first time and beginner level pattern, no knitting acronyms are used and you can see full description of all knitting terminology needed.

(The description text below is according to the original description 90384, from which the image description is based.)

What you'll need:

4 -Ply Yarn, approx 100 (100) 100 (100) 100 (200) 200 (200) g
Double Pointed Needles in set of 5, size 3.5mm and 4.5 mm

Knitting terminology:

Knit Stitch: With yarn at back, insert point of right-hand needle in front of stitch from left to right on left-hand needle, bring yarn under and over the top of point of right needle, draw loop through stitch and drop this stitch off left needle.

Purl Stitch: With yarn at front, insert point of right hand needle in front of stitch from right to left on left needle, bring yarn over and under the top of point of right needle, draw loop through stitch and drop this stitch off left needle.

Short rows: Do not work all stitches on one row, but turn and continue to work the next round. The stitches that remain on the left needle when turning, we call side stitches.

Rib: Work rib 2 knit stitches, 2 purl stitches, repeat around the row. Then work knit over knit and purl over purl the next round.

Stockinette stitch: Back and forth: Round 1 (right side): Work straight stitches. Round 2 (wrong side): Work purl stitches. Repeat rounds 1 and 2.

Stockinette stitches circular needle:
Knit stitches every round.

Work 2 knit stitches into back of stitch: See image 10.

Slip 1 stitch: Take the stitch, as if you were knitting it wrong, but the yarn is behind the work, and lift over to the right needle without knitting it.

Slip one knitwise: Lay the thread in front of the work, as if you were to work the stitch purl, lift the stitch over to the right needle without knitting it.

How to in step-by-step:

Cast on:

Cast on with needle size 3.5 mm 36(36)40(40)40(48)48(52) stitches and distribute them on 4 needles with 9(9)10(10)10(12)12(13) stitches one each needle.

Shaft:

Work rib 2 knit stitches, 2 purl stitches in 10 (10-12) 12-13 (13-14) 14-15 (15-16) 15-16 (15-16) cm. Change to needles size 4.5 mm. Work stockinette stitches (knit stitches in circular needle) and decrease on 1 st row 8 stitches evenly. Work 1 more row stockinette stitch.

Heel flap or Gusset:

Work stockinette stitches back and forth over needles 1 and 2 for a total of 10 (12) 14 (14) 16 (16) 18 (20) rows (last row = wrong side).

Turn Heel:

On next row (= right side) start short rows and decrease:

Work 8 (8) 10 (10) 10 (12) 12 (13) knit stitches, work 2 knit stitches together in back stitch, work 1 knit stitch, turn,
Slip one knitwise, work 3 (3) 5 (5) 5 (5) 5 (5) purl stitches, work 2 purl stitches together, work 1 purl stitch, turn,
Slip 1 stitch, work 4 (4) 6 (6) 6 (6) 6 (6) knit stitches, work 2 knit stitches together in back stitch, work 1 knit stitch, turn,
Slip one knitwise, work 5 (5) 7 (7) 7 (7) 7 (7) purl stitches, work 2 purl stitches together, work 1 purl stitch, turn,
Slip 1 stitch, work 6 (6) 8 (8) 8 (8) 8 (8) knit stitches, work 2 knit stitches together in back stitch,
Sizes 22-36: Turn. Sizes 37-45: 1 knit stitch, turn,
Slip one knitwise, work 6 (6) 8 (8) 8 (9) 9 (9) purl stitches, work 2 purl stitches together. Sizes 22-36: Continue at *. Sizes 37-45: 1 purl stitch, turn,
Slip 1 stitch, work - (-) - (-) - (10) 10 (10) knit stitches, work 2 knit stitches together in back stitch, Sizes 37-42: Turn. Sizes 43-45: 1 knit stitch, turn,
Slip one knitwise, work - (-) - (-) - (10) 10 (11) purl stitches, work 2 purl stitches together. Sizes 37-42: Continue at *. Sizes 43-45: 1 purl stitch.

* All sizes: Now the side stitches are finished on both sides of the heel. Work knit stitches over needles 1 and 2.

Shape Gusset:

Pick up 6 (7) 8 (9) 10 (11) 12 (13) stitches on right side of sock (= needle 2), work stockinette stitches over needle 3 and 4, pick up 6 (7) 8 (9) 10 (11) 12 (13) stitches on left side of sock, and work remaining stitches over heel (= needle 1). Work 1, row stockinette stitches (knit stitches) over all needles. On next row decrease on 2nd and 1st needle as follows (it is the picked up stitches that are decreasing):

On needle 2: Work the last 2 stitches together right.

On needle 1: Work the first 2 stitches together in the back stitch. This is repeated every other row until 28 (28) 32 (32) 32 (40) 40 (44) stitches remain. Divide the remaining stitches on 4 needles.

Foot:

Knit straight until the whole foot measures 10 (12) 14 (16) 18 (19) 20.5 (22) cm.

Decrease for toe: On needles 1 and 3: Work 1 knit stitch, work 2 knit stitches together, work stitches left on needle.

On needles 2 and 4: Work till 3 stitches remain, work 2 stitches together in the back stitch, work 1 stitch. Repeat this decrease every other row until there are 16 (16) 16 (16) 16 (16) 20 (20) stitches left on the needles. Now you can do the straight toe.

Straight toe:

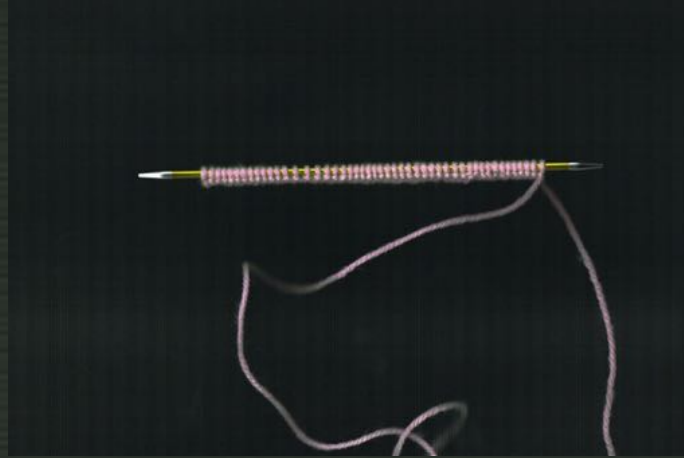
Transfer the stitches to a safety pin 8 (8) 8 (8) 8 (8) 10 (10) stitches on each safety pin and turn the work around so that the wrong side comes out. Place two needled back on with 8 (8) 8 (8) 8 (8) 10 (10) stitches on each needle.

Cast off as follows: Place the work so that the right sides are facing each other, hold the needles parallel in the left hand and work with a third needle in the right hand. Take 1 stitch from front needle and 1 stitch from back needle and work the 2 stitches together, work the next 2 stitches in the same way, pull the first stitch on right needle over the second = 1 stitch on the needle left. Continue to knit and cast off all stitches in the same way. Remove the thread and fasten off.

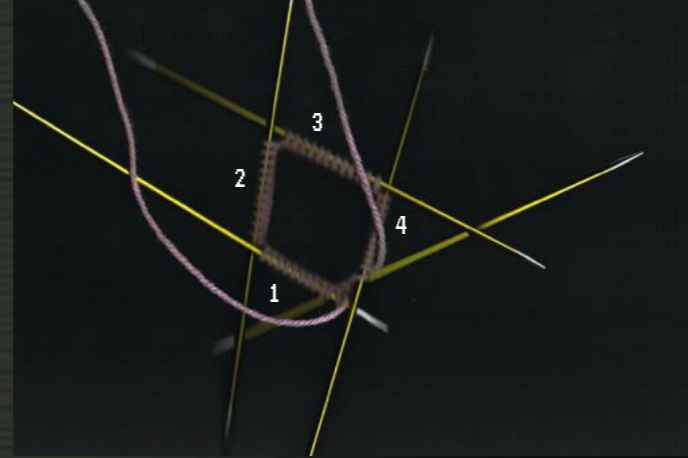
Now the sock is finished!



Cast on:

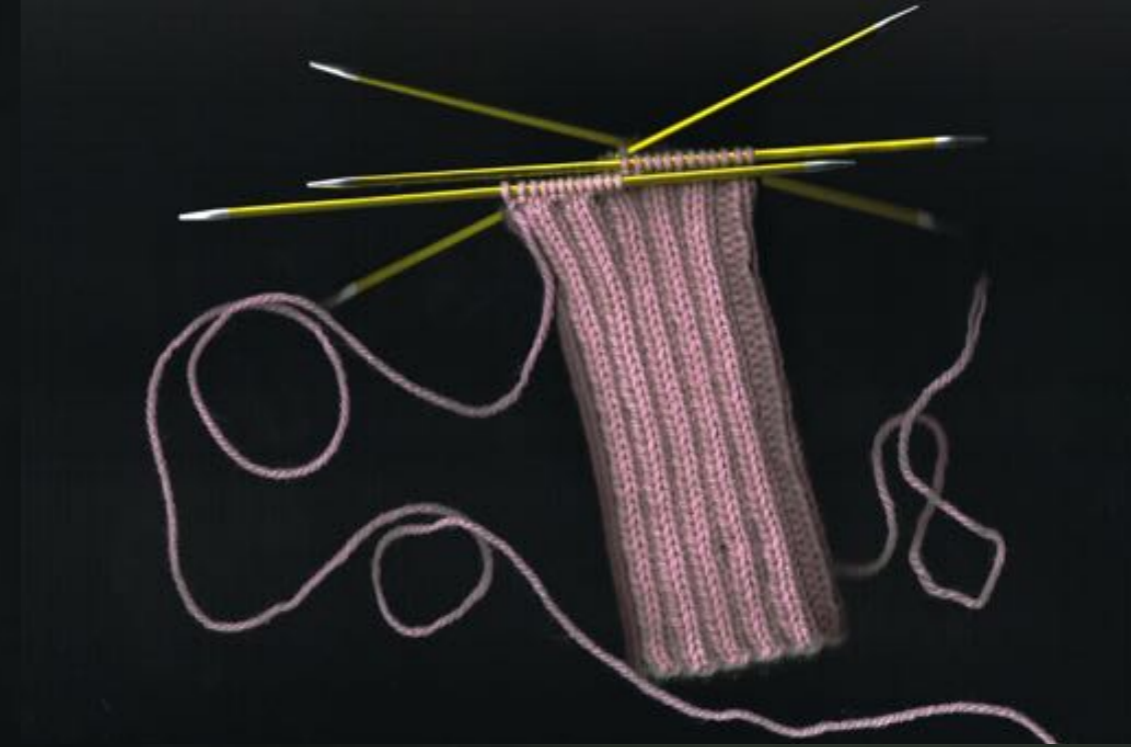


1. Cast on 48 stitches.



2. Distribute the stitches on four needles so that there are (12) stitches on each needle. In the description, the knitting needles are numbered as shown.

Shaft:



4. Knit elastic until the sock shaft is (15-16) cm (or desired length)

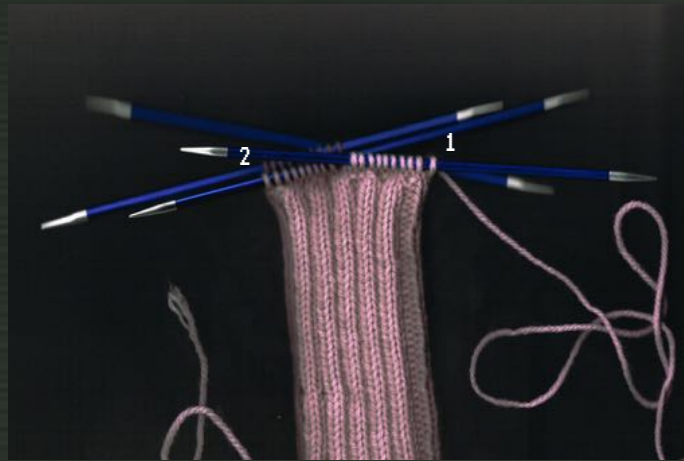


3. Grab the knitting needles as shown. NOTE! Make sure that the stitches have not twisted! Begin to work over needle 1 and continue over all needles. Knit rib, (work 2 knit stitches, 2 purl stitches).

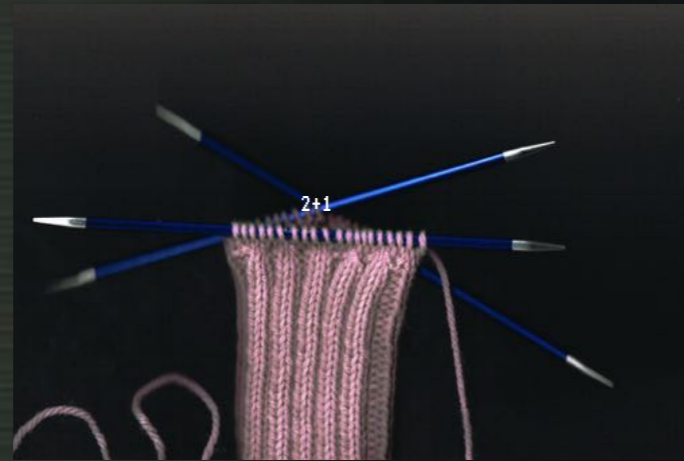


5. Change to bigger needles and work stockinette stitches (= knit stitches in circular needle).

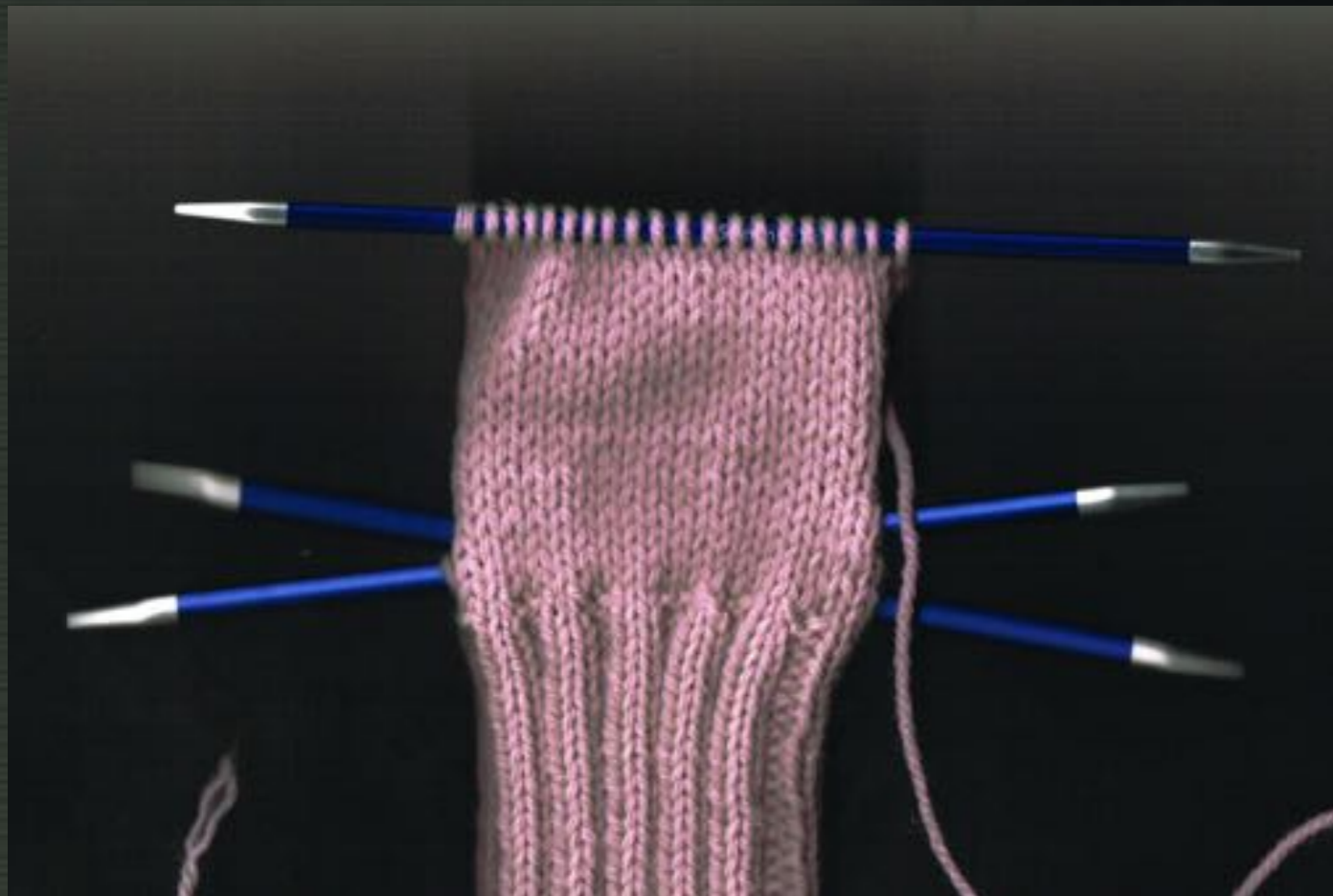
Heel flap or Gusset:



6. Now work heel flap over needles 1 and 2.

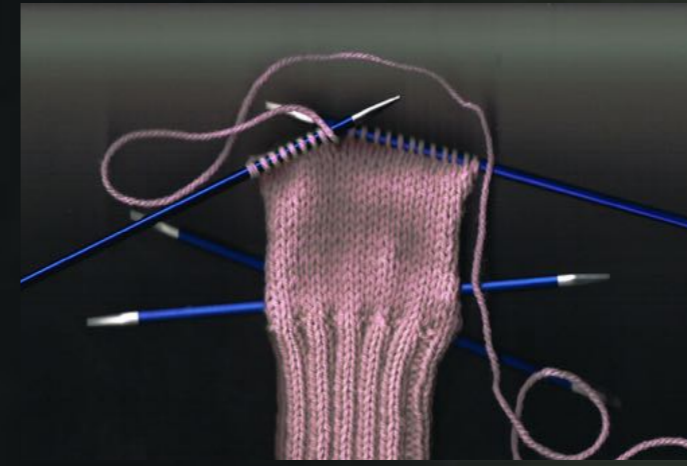


7. The easiest way is to transfer the stitches from needles 1 and 2 on the same needle.



8. Work (16) rounds stockinette stitches (back and forth). (last row = wrong side)

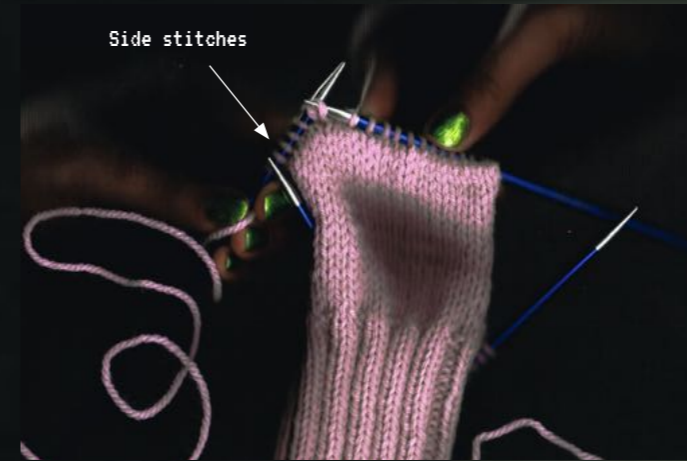
Heel:



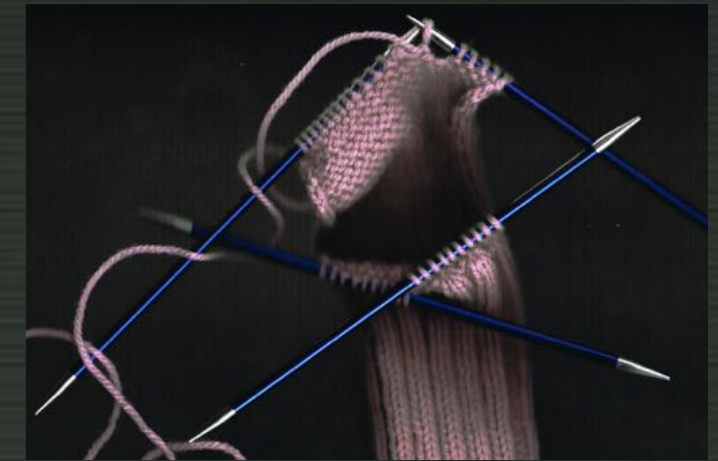
9. Now the decrease for the heel begins. Knit (12) stitches.



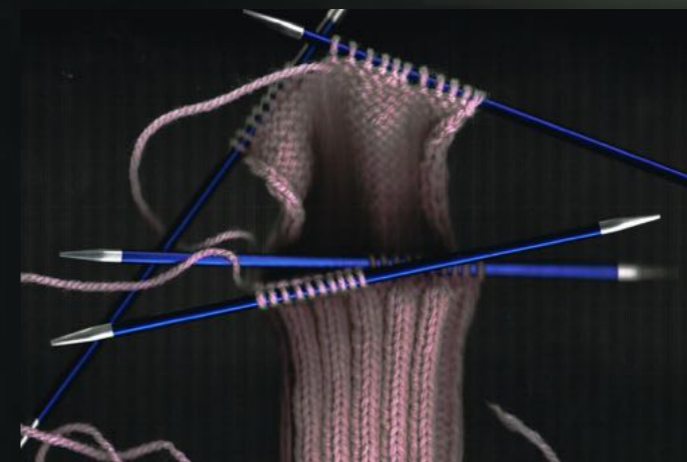
10. Work 2 knit stitches together in back stitch



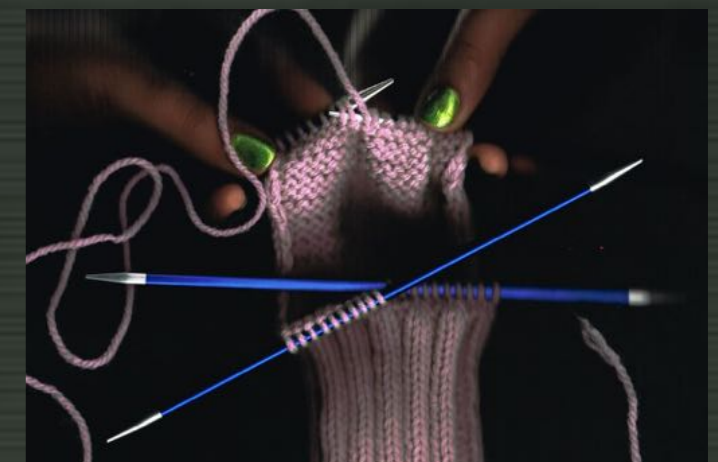
11. Work 1 knit stitch after the decrease. Do not knit remaining side stitches



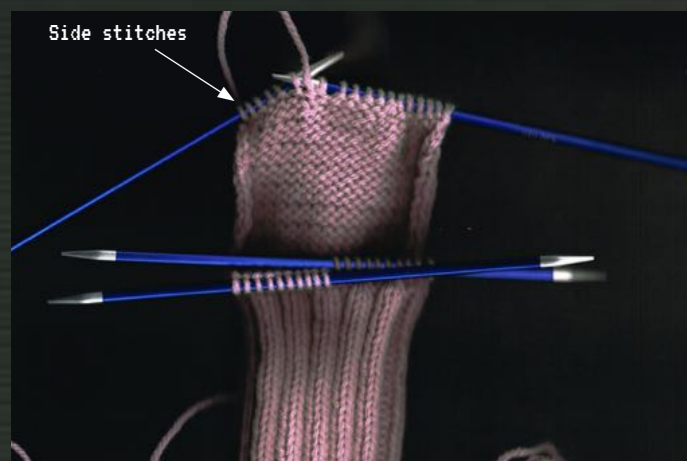
12. Turn the work around. Slip one stitch knitwise: (the thread should be in front of the work = the wrong side, do not knit, just lift over to the right needle).



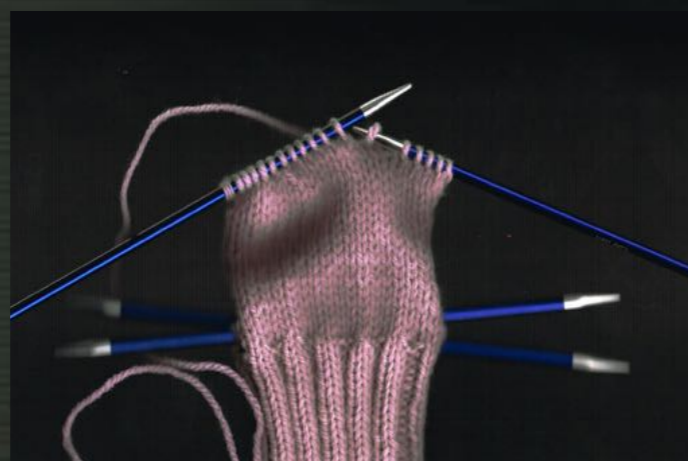
13. Work (5) purl stitches.



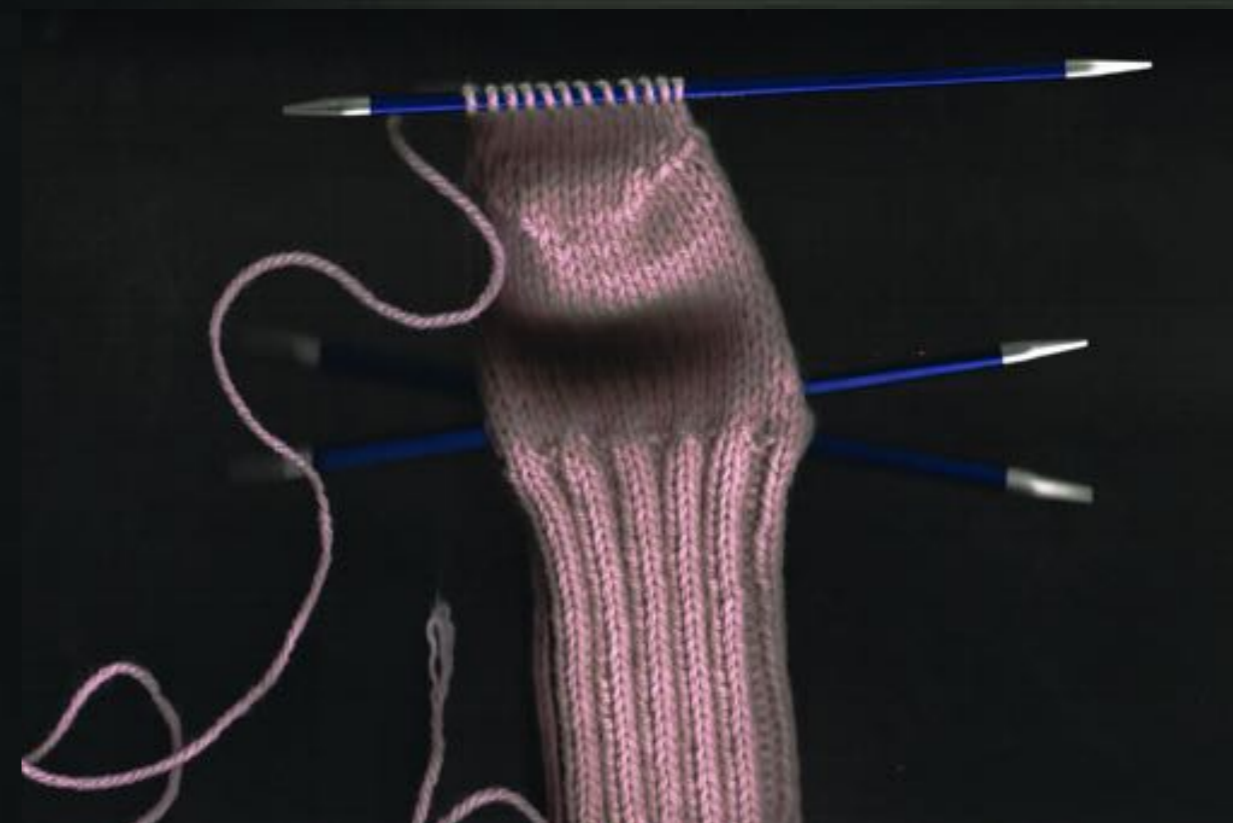
14. Work 2 purl stitches together.



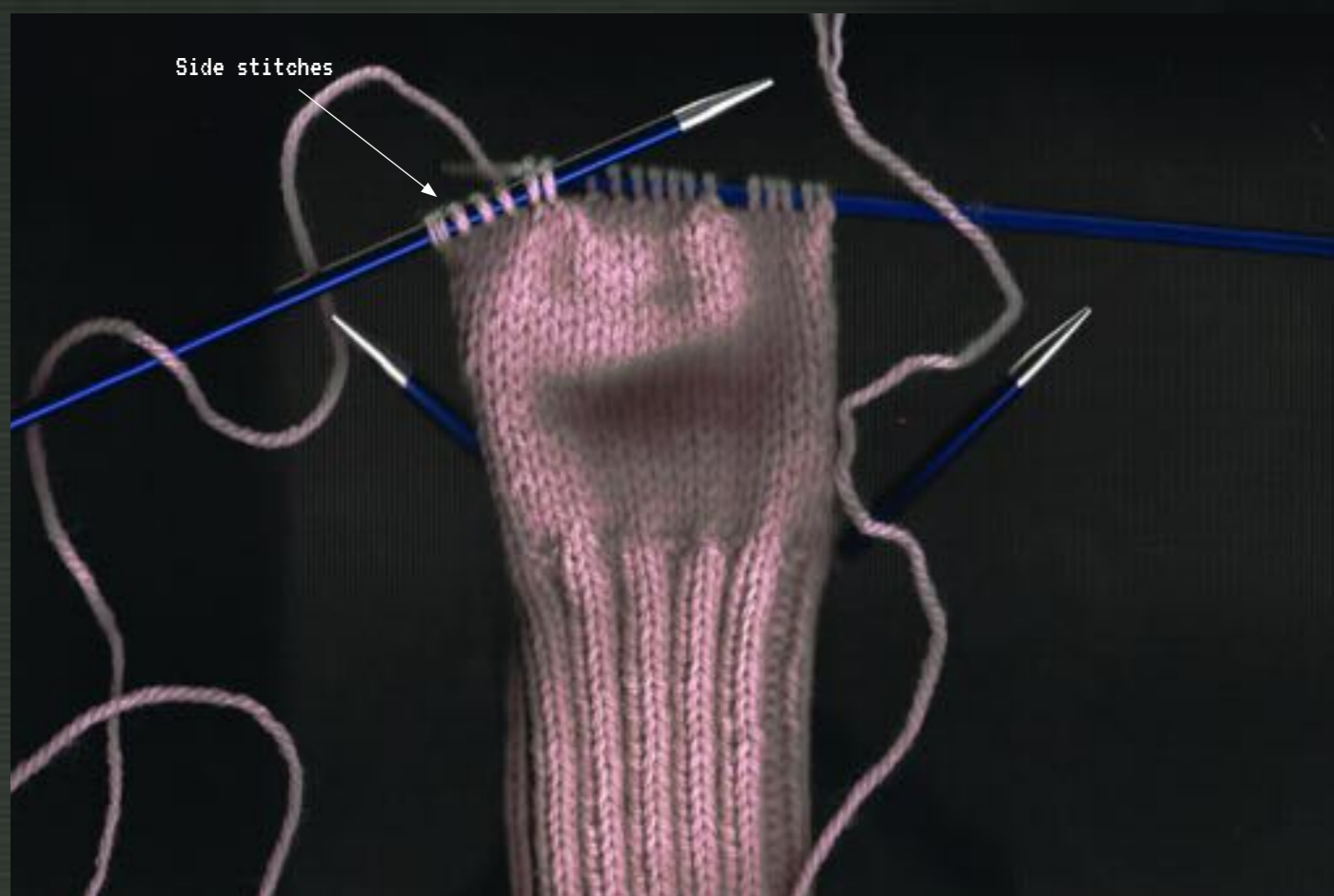
15. Work 1 purl stitch. Do not knit remaining side stitches



16. Turn the work around. Slip the first stitch (the thread should be behind the work = the wrong side, do not knit the stitch, just lift over to the right stitch).



18. Continue decreasing in this way until the side stitches run out. Work 1 stitch more for each turn (repeat steps in the same way as shown in image 12-17). Work 1 row in knit stitches. Now the heel is ready!

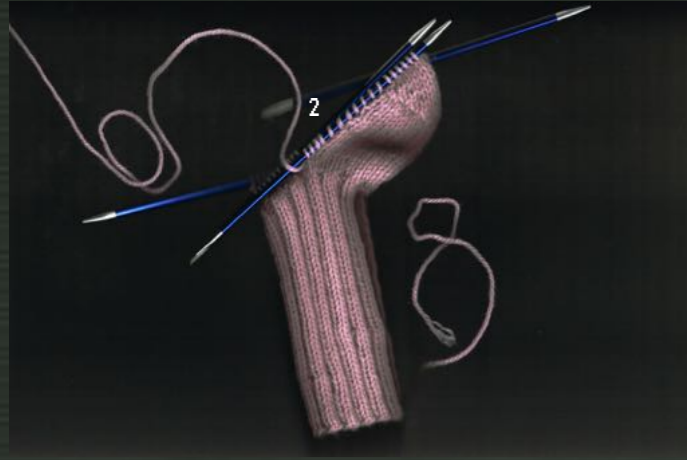


17. Work (6) knit stitches, work 2 knit stitches together in back stitch, work 1 knit stitch. Do not knit remaining side stitches.

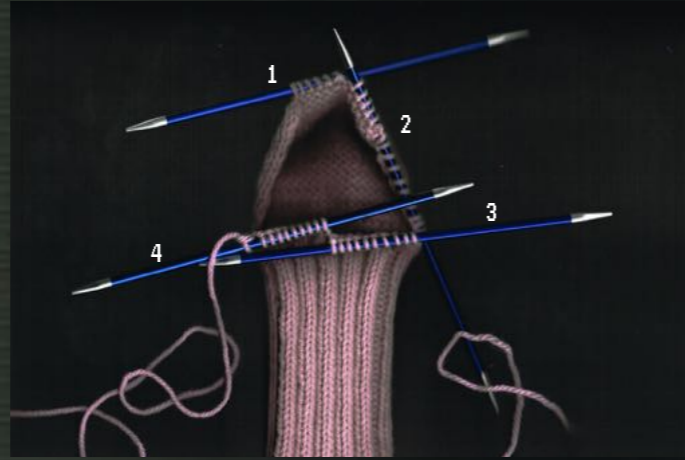


19. Distribute the stitches again on two needles.

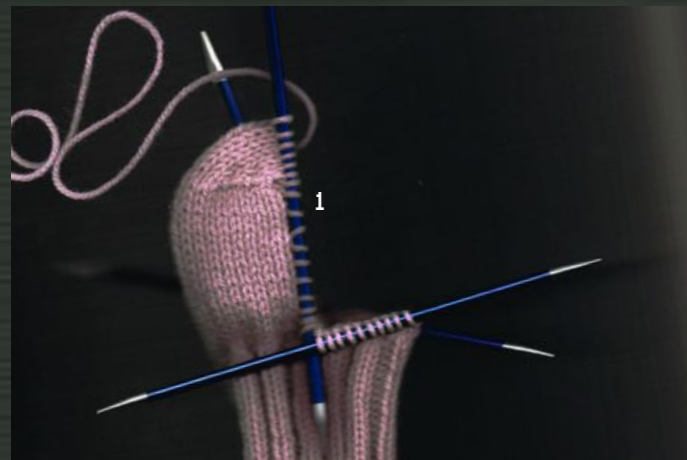
Turn Heel:



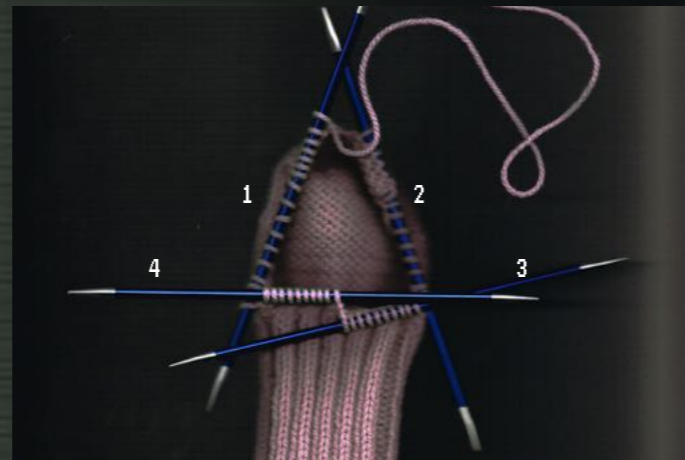
20. Continue with needle 2 and pick up (11) new stitches on the sock right side. Pick up stitches by picking up yarn through the outermost stitch of the heel flap. Distribute the number of stitches evenly over the flap of the heel.



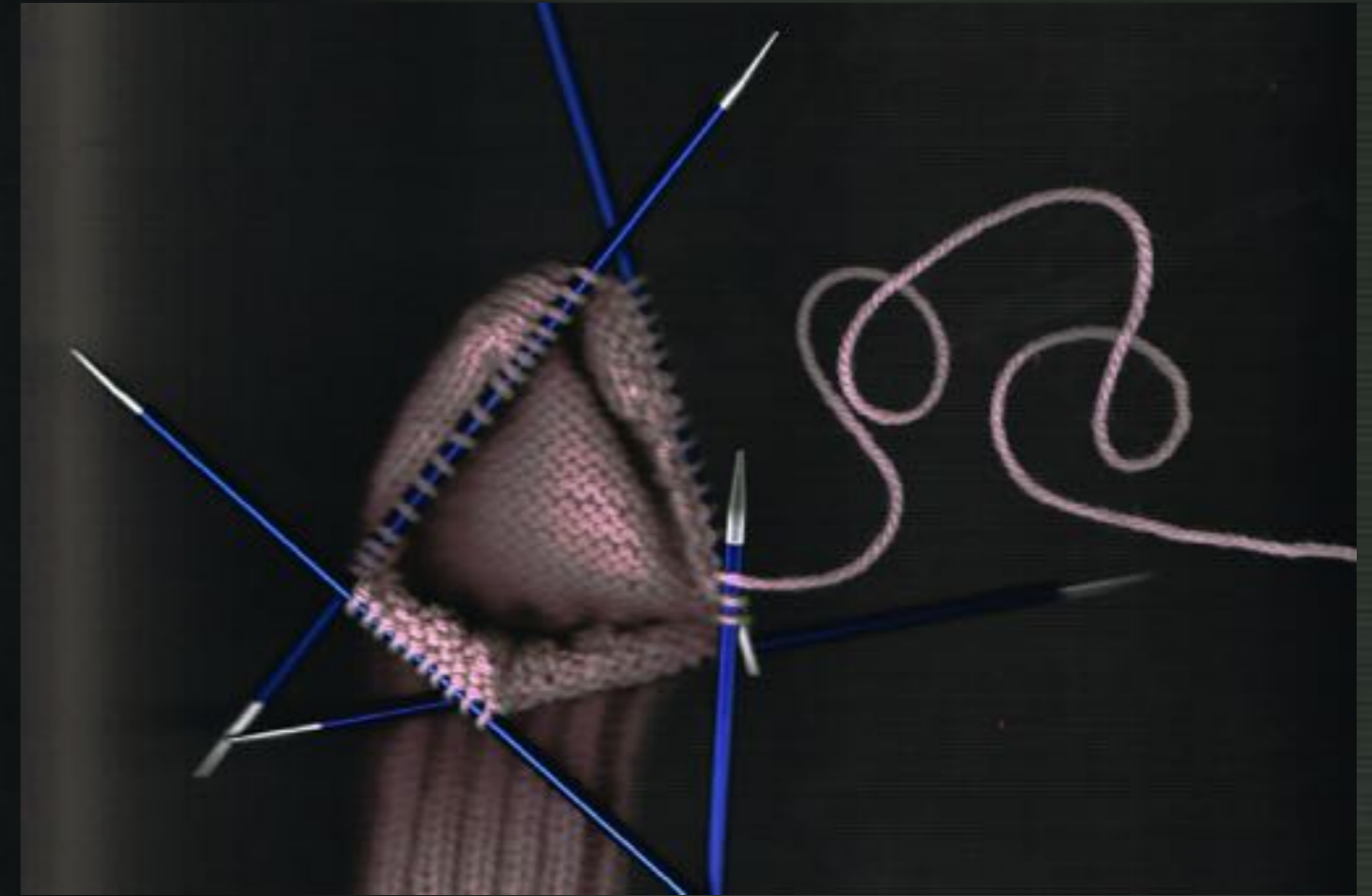
21. Needle 3 and 4. work knit stitches.



22. Pick up (11) new stitches on the left side of the sock, in the same way as on the right side (see picture 20). Work remaining stitches on needle 1.



23. Now all the stitches are pick up around the foot.



24. On next round decrease on needle 2: Work the last 2 stitches right together.

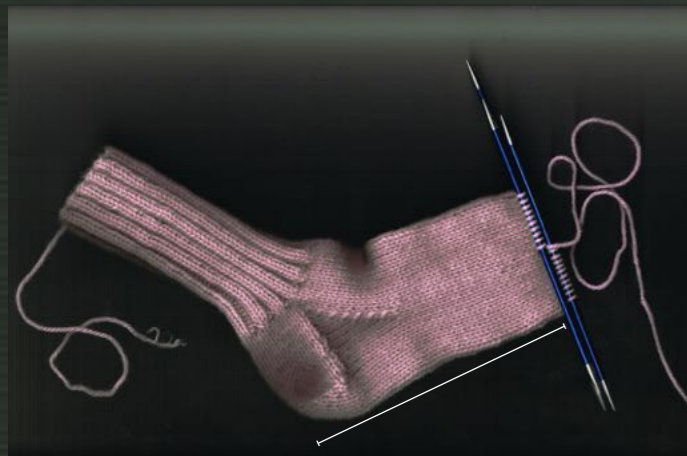


25. On needle 1: Knit the first 2 stitches together right in the back stitch.

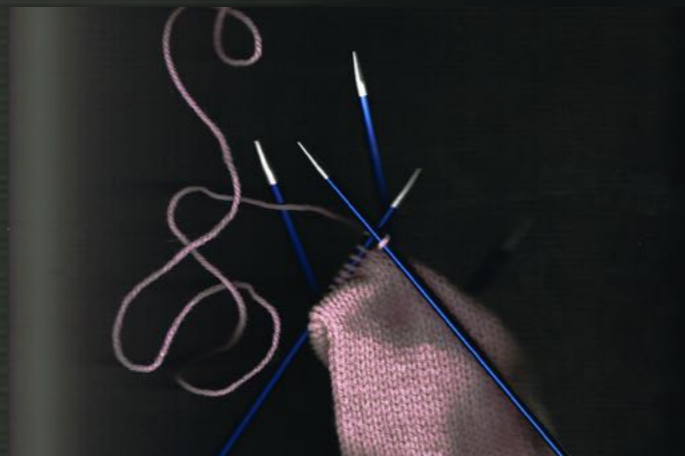


26. Repeat decrease on needle 2 and 1 every other round until (40) stitches remain.

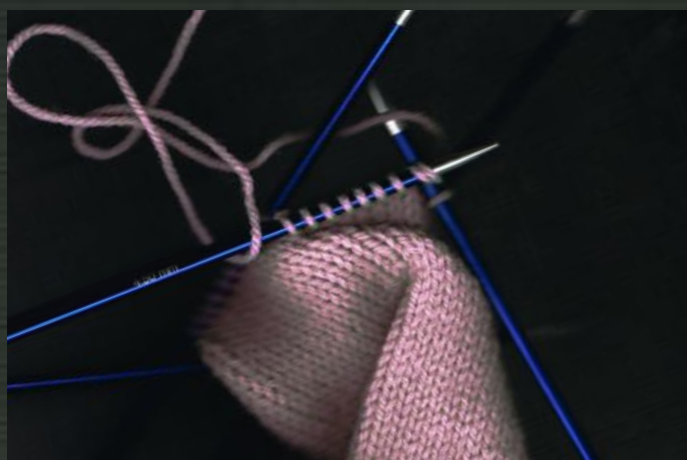
Foot:



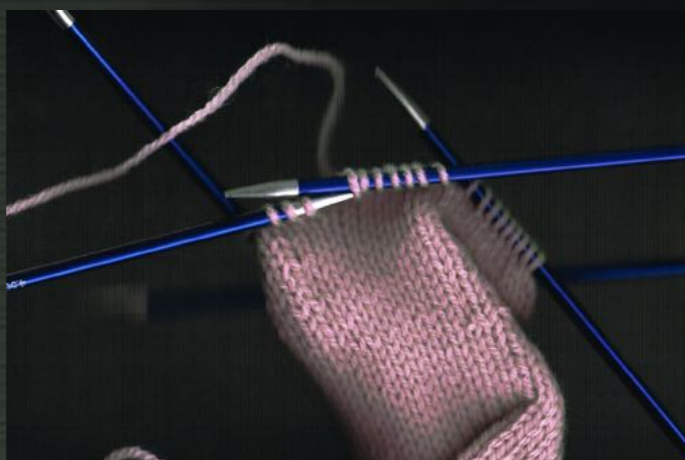
27. Continue to work stockinette stitches around (knit stitches) until foot measures (19) cm. The measurement is taken between the arrows in the picture.



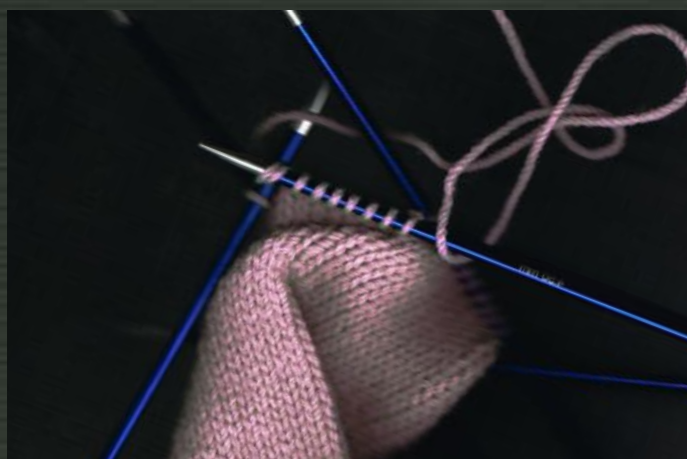
28. Now the decrease for the toe begins. On needle 1 and 3: Work 1 knit stitch...



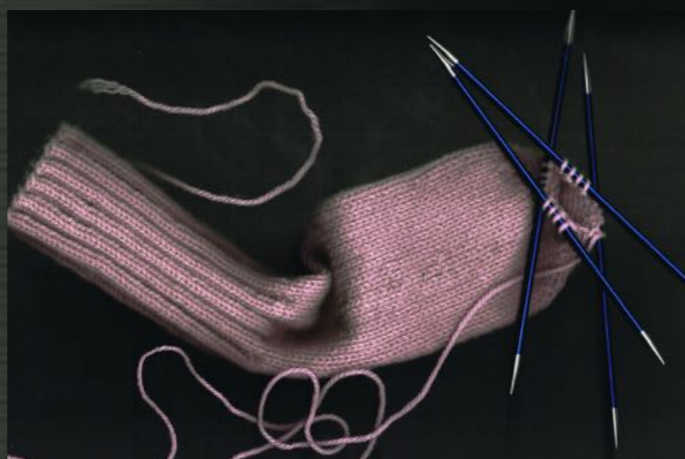
29. ...Work 2 knit stitches together, work remaining stitches on needle.



30. On needles 2 and 4: Work til 3 stitches remain...



31. ...work 2 knit stitches together in the back stitch, work 1 knit stitch.



32. Repeat the decrease every other round until there are a total of (16) stitches left on the needles.

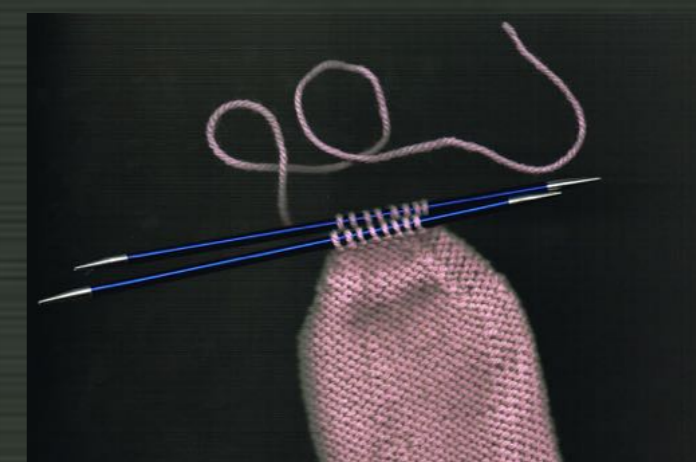
Straight Toe:



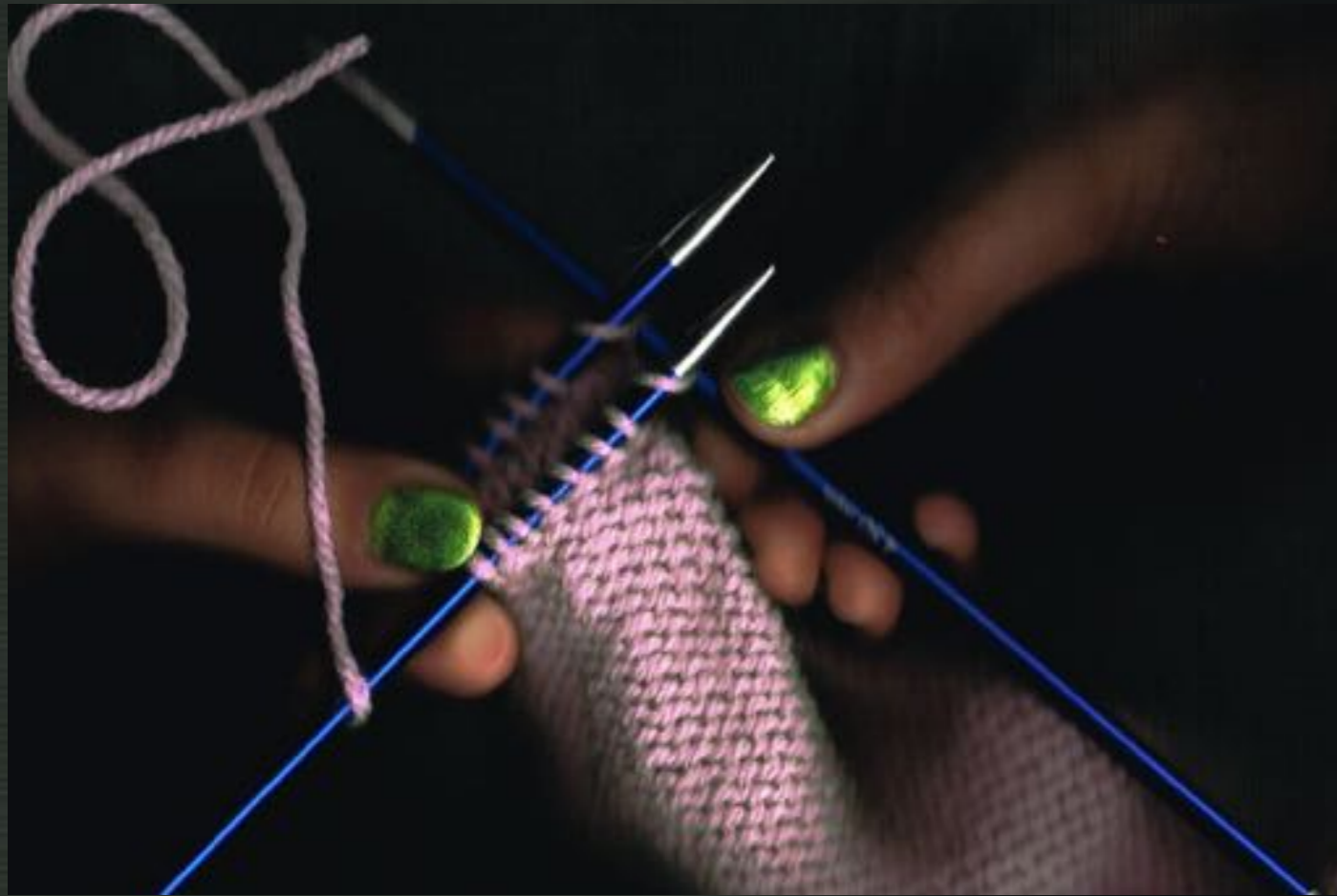
33. Transfer the stitches to a safety pin, 8 stitches on each. Cut the thread so that you have about 25 cm left.



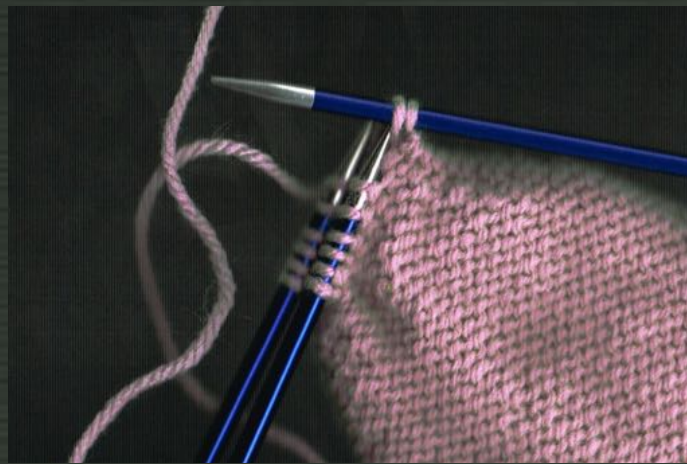
34. Turn the work around.



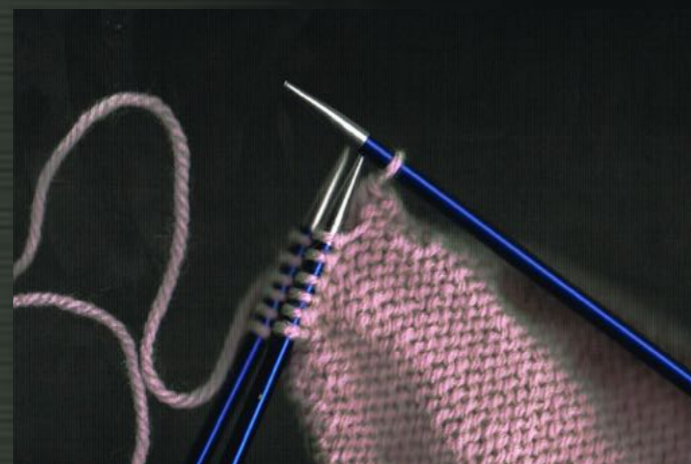
35. Place the needles back now with the wrong side out.



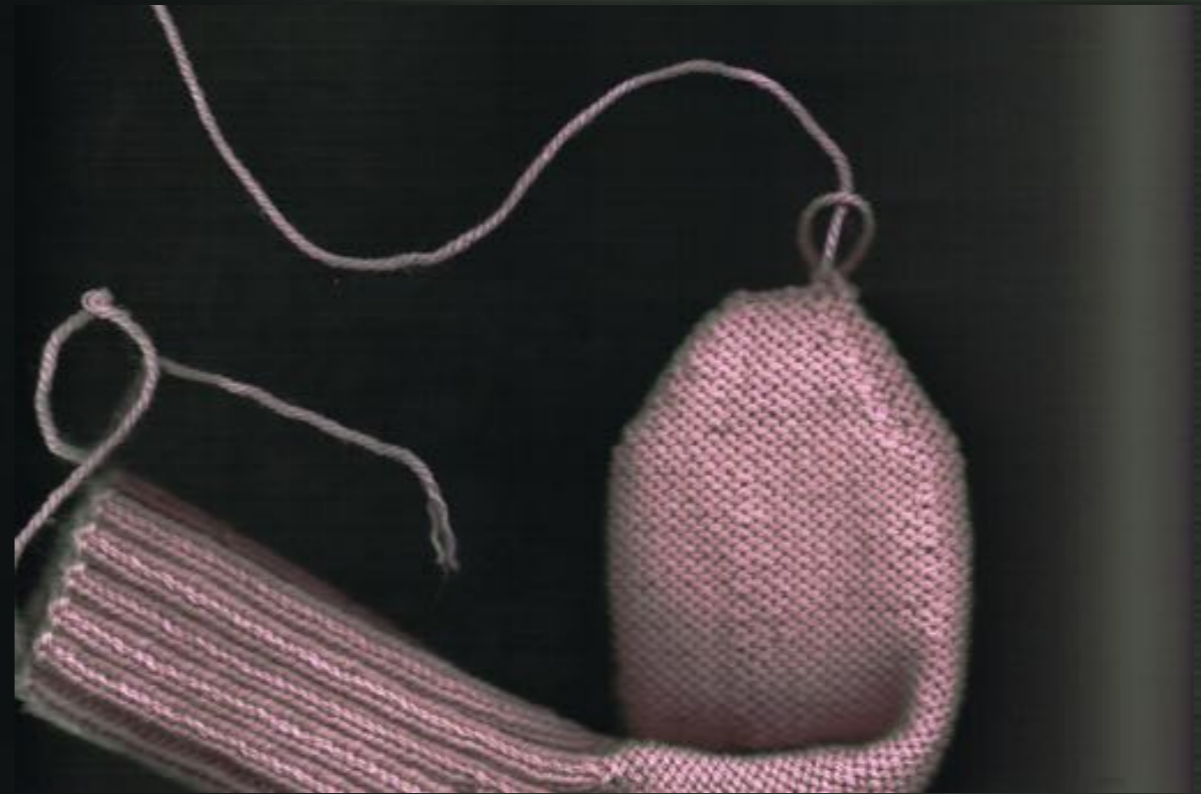
36. Take a third needle. Knit it through the first stitch on the front needle as when working knit stitches, then directly through the first stitch on the back needle. Pick up the thread and pull through both stitches (so you knit 1 knit stitch through 2 stitches). Repeat one more time.



37. There are now two stitches on the right needle. Cast off by lifting the first knit stitch over the second...



38. You should now have 1 stitch on the right needle.



39. Repeat until the stitches run out. Fasten the thread off.



40. The sock is now finished!



Simone Beyene